

Welcome from the Canteen!

We are Anita and Kathleen, Canteen Convenors at Marymount College.

Students can purchase healthy, nutritious food from the Tuckshop each day during Recess and Lunch. Orders for sandwiches, rolls and wraps are placed by writing in an order book located at the Tuckshop during recess. For students convenience, the Tuckshop has EFTPOS facilities. Two vending machines are located adjacent to the Tuckshop, for students wanting to purchase drinks or other items.

Our canteen is run with the help of a network of volunteers from our school community working together. If you can spare any time to join our network and help prepare and serve food at our canteen, we would very much appreciate a hand. Its easy and fun work with on-the-job training in our air-conditioned canteen, and you can dedicate as much or as little time as you like.

We have short shifts of three and a half hours (10:00am to 1:30pm) and longer shifts of four and a half hours (9:00am to 1:30pm) available.

All volunteers' efforts are rewarded with a healthy lunch, a \$10 student voucher for each volunteer day, and a \$40 credit applied to their P&F levy in Term 4, plus plenty of tea or coffee! Just fill in the volunteers form and email or send it back to the College.

If you have any queries please feel free to contact us via phone (55861 077 before 10:30am or after 1:30pm please) or email, or drop in to the canteen in the morning for a chat!

Many thanks,

Anita Maher
Canteen Convenor
amaher@marymount.qld.edu.au

Kathleen Viney
Canteen Convenor
kviney@marymount.qld.edu.au

MARYMOUNT COLLEGE TUCKSHOP PRICE LIST

SPECIALS		
Tuesday - Sushi	\$	3.00
Wednesday - Hot Dogs	\$	3.10
Thursday - Sushi	\$	3.00
Friday - Hot Dogs	\$	3.10

SALAD BOWLS			
		<i>Small</i>	<i>Large</i>
Salad bowl	\$	5.50	\$ 7.00
Chicken & salad bowl	\$	6.00	\$ 7.50
Ham & salad bowl	\$	5.70	\$ 7.20
<i>variety of salad dressings .50c extra</i>			

SANDWICHES, WRAPS & ROLLS			
Wraps			
		<i>Half Wrap</i>	<i>Full Wrap</i>
Chicken & Salad	\$	5.00	\$ 8.00
Chicken, Avo & Swiss Cheese	\$	4.50	\$ 7.50
Chicken, Lettuce & Mayo	\$	4.50	\$ 7.50
Egg & Salad	\$	5.00	\$ 8.00
Ham & Salad	\$	4.70	\$ 7.70
Salad	\$	4.50	\$ 7.50
Turkish Rolls			
		<i>Half Roll</i>	<i>Full Roll</i>
Chicken, Cheese & Sweet Chill	\$	4.50	\$ 7.00
Chicken, Lettuce & Mayo	\$	4.50	\$ 7.00
Ham, Cheese & Tomato	\$	4.50	\$ 7.00
Salad	\$	4.50	\$ 7.00
Sandwiches			
Chicken & Mayo	\$	4.50	
Chicken & Salad	\$	6.30	
Chicken, Lettuce & Mayo	\$	5.40	
Curried Egg	\$	4.50	
Curried Egg & Lettuce	\$	5.00	
Egg & Lettuce	\$	5.00	
Ham & Cheese	\$	4.50	
Ham & Pickles	\$	4.50	
Ham, Cheese & Tomato	\$	4.50	
Ham & Salad	\$	6.00	
Salad	\$	5.50	
Extra Filings			
	\$	0.50	
Bread Roll	\$	0.60	
GF Bread	\$	0.80	
GF Wrap	\$	1.00	

CAKES AND SLICES		
Pikelets	\$	0.40
Banana Bread	\$	3.20
Donut	\$	2.00
Hedgehog Slice	\$	2.20
Dbl Choc Macadamia Brownie (GF)	\$	2.50
Choc Mud Patty Cake (GF)	\$	2.50
Byron Bay Cookies	\$	2.80

FRUIT & YOGHURT		
Piece of Fruit	\$	1.20
Tub of Fruit Salad	\$	3.80
Cups of grapes	\$	3.20
Hommus (w. carrot & celery)	\$	4.50
Greek Yoghurt	\$	3.80
<i>Mango/Plain/Passionfruit</i>		

HOT FOOD		
Garlic Bread	\$	1.70
Chicken Burger	\$	3.10
Sasuage Roll	\$	3.10
Curry Vege Roll	\$	3.60
Mini Pie	\$	1.90
Cheese & Bacon Pie	\$	4.50
Spinach & Cheese Roll	\$	4.10
Lasagna	\$	4.80
Meat Pie	\$	4.10

CHIPS & SNACKS	
Assorted Chips range between	\$1.20 - \$2.40

ICE BLOCKS	
Assorted ice blocks ranging from	\$1.00 to \$4.00

CONFECTIONARY	
Assorted confectionary ranging from	.20c to \$2.00

COLD DRINKS		
Poppers	\$	2.00
Juice		\$2.00 - \$3.60
Nutrient water	\$	3.60
Kyneton Springs water	\$	2.60
Iced Teas	\$	3.60
FM Milk small	\$	2.20
FM Milk large	\$	3.60
Thickshake	\$	3.60
Nippy's chocolate or coffee	\$	3.60
Up & Go	\$	2.60

Please be aware prices change from time to time



MARYMOUNT

College

CANTEEN ROSTER 2017

Surname: _____ First Name: _____

Contact Phone No. _____

Email: _____

I can help out during the following times:

9:00-1:30pm

10:00am-1:30pm

Other _____

I am available: *(tick any that apply)*

Monday

Thursday

Tuesday

Friday

Wednesday

Please roster me:

Once a fortnight

Once a month

Once a term

*Volunteers receive a \$10 tuckshop voucher for each day,
and a \$40 credit on their P&F levy applied in Term 4*

Thank you for your help - our students appreciate it!

Please return to the Tuckshop or College SAO

