

## YEAR 7 CAMP AIMS, EXPECTATIONS AND RULES

### Aims:

1. To meet new people
2. To encourage positive relationships
3. To aid interpersonal growth by:
  - Gaining a better understanding of my feelings and myself
  - Building my self-esteem, confidence, and resilience including that of others
  - Encouraging attitudes of acceptance and tolerance
  - Facilitating efficient and meaningful group work
  - Taking on new challenges
  - Developing my faith, values and beliefs
4. Enjoy myself

### Code of Expected Behaviour on Camp:

To ensure that we all enjoy ourselves, it is important that the following code of behaviour be adhered to:

**The Year 7 Camp is a school activity; so ALL the school rules apply:**

- **Say the right thing, do the right thing and bring the right thing**
- **Time out at base camp similar to the RTC will apply to those who cannot follow rules and instructions**
- **Students who fail to follow teacher or camp staff instructions, or act in a disrespectful or unsafe manner may need to be collected from Mapleton by their parent or caregiver**

Don't forget: What you get out of camp will be relative to what you are prepared to put into it!

- **Be co-operative.** Your first rule of survival. Listen when instructions are given. Follow instructions when you are told to.
- **Be courteous.** Always use your manners. Be polite to everyone, students, teachers, visitors and camp staff.
- **Be considerate** to those who share the campsite with you.
- **Conserve** the energy of teachers, staff and others. Keep your rooms, bathrooms, and common areas clean and tidy at all times. Keep all of your belongings in your bag, not on the floor.
- **Be conscious** of safety. **If something goes wrong, let a teacher know immediately**

### Camp Activities:

Students will be involved in a selection of the following camp activities that will be run by highly qualified camp staff at the Mapleton Centre and/or Marymount teaching staff:

- Abseiling
- Giant Swing
- Flying Fox
- Leap of Faith
- Orienteering
- Rock Wall Climbing (indoors)
- Mud Challenge
- Canoeing
- Archery
- Bush Skills
- Night Gender-Relevant Activities (Boy/Girl groups)
- Trivia Night
- Year Level Camp Liturgy
- Large Group Games

The first five activities involve the use of a safety harness and helmet. Activities are age appropriate for all Year 7 students.

**Camp Duties**

It is the expectation that all students are required to participate in bedroom, dining room, kitchen and washing up duties. It is your responsibility to know when you are required for duty. Your pastoral teacher will let you know when your duty is and what time to arrive. The group on duty must arrive on time and wait patiently for the kitchen staff and teacher. They will instruct you on what is required.

All students are also expected to keep their rooms tidy and clean and assist with keeping hallways, toilets, lounge and meeting rooms, foyers and grounds free from litter, food, clothing etc. Do not wear muddy/dirty shoes in the buildings; you should leave them outside the entrance. Marymount staff will inspect cabins each day. Respect the environment.