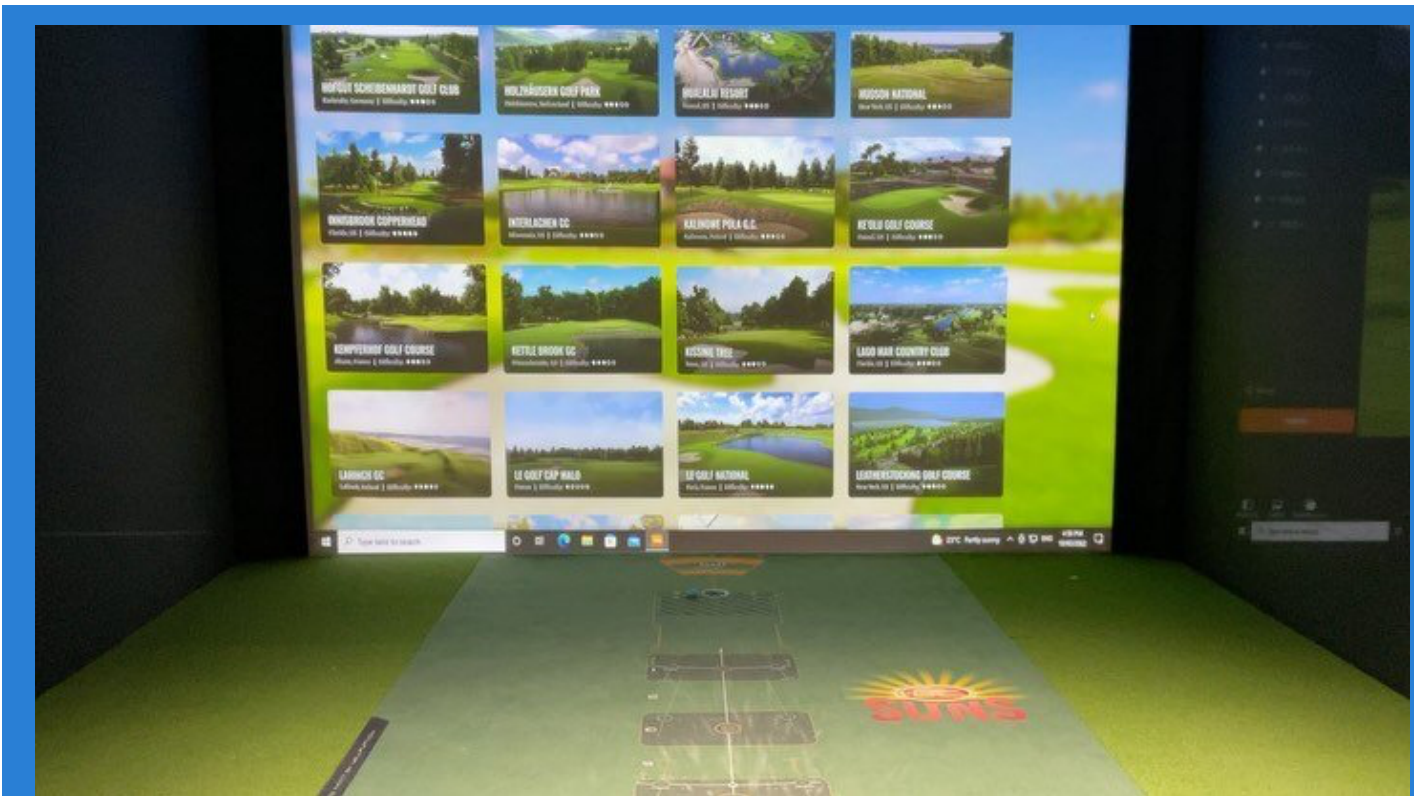


Marymount College Term 3 Sporting Program



Term 3 Sporting Program

In term 3 our sporting program will run for 10 weeks – week 1 - week 10. **All students in years 7 – 11 need to have a selection made by their parent/guardian via the link.**

There are various extra-curricular activities available for all year levels and some that are only available to certain year levels. For those students not wishing to be involved in an extra-curricular activity, we have **recreational activities** available for years 10-11 students, while our year 7-9 students will be involved in **sport rotations** on the ovals.

Year 12 students are involved in lessons during Thursday sport time. Year 12 students are not to be going home during this time in term 3.

In the tables to follow you will find the list of offerings with descriptions of each with any requirements and costs listed. **The costs are upfront and cover the whole term – whether you are able to attend every week or not. We pay the providers up front for the term – so there are no refunds once we have paid them.** Once the bookings close on Monday 20th of March, we confirm our numbers with the providers and then we cannot add any students to those options as the providers offer the spots we don't take to other schools/organisations/public.

There will be no changes to selections once we start the term's sport – whether you can or cannot participate in that activity. Just like subject changes close – so too do sport changes.

Students involved in School Based Apprenticeships or Traineeships organised by the Careers Office on a Thursday afternoon do not need to select an option. The Careers Office will give me your names.

There are some options that are not available for selection as the teams/squads have been chosen and those students are automatically added to those options. If you are in one of those and no longer wish to do it, please see the coordinator/coach.

Students in Girls QCup AFL squads, Basketball squads, Extension Dance and All Schools Touch Football Squads do not need to make selections.

Selections will open on Monday 5th June at 9am and close 9:30am Friday 16th June.

Use this [link](#) or QR code to make your selection.



Extra-Curricular Activities – Term 3 2023

The following activities are being offered as options in term 3 2023. All activities will only go ahead if they have enough students wanting to be a part of them. Please contact the coordinator if you have any questions about the activity.

Please select the options from the link.

DESCRIPTION (Including Costs)	YR LEVELS	COORDINATOR
All Schools Touch Football (Free) Students will have trialled to be selected for this option and they are training to play for the school teams at the All-Schools Touch Football competitions in term 3. <i>Not available for selection.</i>	7-11	Mr M Carroll
Art (Free) Students will participate in various art activities. (50 students maximum)	10-11	Ms J Nairn
Basketball (Free) Students have trialled to be selected for this option and they are training to play for the school teams at the All-Schools basketball competitions in terms 3 & 4. <i>Not available for selection.</i>	7-11	Mrs J Hamilton
Boys Resistance Training (Free) Designed for boys that are interested in being part of the Rugby League program in future years. Will involve body weight and age-appropriate gym equipment use. (40 students maximum)	7-11	Mr J Hamilton
Chess (\$35.35) Students will play games and have instruction from Gardiner chess. <i>Cost is to cover the external provider coming.</i> (20 students maximum)	7-11	Mrs L Dornan
Community Outreach (Free) Engaging the help of students to become a 'buddy' in a Prep – 2 Primary class at Marymount Primary. Students will give back by reading with/ compete in games/ assist with classwork/ crafts etc aiming to develop student leadership whilst building community. (36 students maximum)	7-11	Mrs D Dowdall
eSports (Free) Students will participate in online games such as: League of Legends and Minecraft. (50 students maximum)	7-11	Mr D Cousins
Extension Dance (Free) Students have trialled to be selected for this option and they will be rehearsing towards the various eisteddfods. <i>Not available for selection.</i>	7-11	Ms S Press
Film Club (\$35.35) Members can learn a new skill from a range of projects. These projects may be completely new to students, or they may be an extension of something covered already in a media class. <i>Cost is to cover the external provider coming for one of the sessions.</i> (50 students maximum)	7-11	Mrs L Connor
Girls AFL (Free) Students have trialled to be selected for this option and they are training to play for the school teams at the QCup AFL Competition in terms 3. <i>Not available for selection.</i>	7-11	Mr C Francis
Mathematics Tutoring (Free) Students will be able to get assistance with their mathematics from one of our teachers. (50 students maximum)	7-11	Mrs M Smith
Public Speaking (Free) For those students interested in preparing to compete in the A.B. Patterson Public Speaking Competition. You will need to be able to get yourself to the A.B. Patterson competition on the following dates: Year 5-7 Heats:10/10; Year 5-7 Finals:17/10; Year 7-11 Heats:12/10; Year 7-11 Finals:19/10 (20 students maximum)	7-11	Mrs Reynolds
Textiles (Free) Students MUST have taken textiles as an elective subject at Marymount College previously to attend. This is not for beginners – contact Mrs Marr if you are unsure. (20 students maximum)	8-11	Mrs P Marr

Sport Rotations – Term 3 2023 – Year 7-9 students only

Students in years 7-9 that are not involved in an Extra-Curricular activity are to select sport rotations from the link.

Students in this option will be playing different sports each week - sports like: volleyball, touch football, dodgeball, ultimate disc, flag gridiron, rounders, European handball, Oztag.

Recreational Activities – Term 3 2023 – Year 10-11 students only

Many options have minimum and maximum numbers and are filled on a first in basis when the selections open. Please make sure you discuss with your parents what option you would like to do as they will be the ones sent the link to choose the sports on your behalf. Please select the options from the link.

DESCRIPTION	REQUIREMENTS	COST
BAREFOOT LAWN BOWLS 1 hour session at Mermaid Beach Bowls Club, Gold Coast Hwy, Mermaid Beach. (50 students maximum)	Lawn bowls supplied.	Free
BOUNCE 1 hour session at Bounce Gold Coast, Sunlight Drive, Burleigh Waters. Session time is 2-3pm. (100 students maximum)	Nil – Bounce socks provided first week and to be worn each week.	\$123.50
BURLEIGH BUNKER 1 hour session at Burleigh Bunker, Dover Drive, Burleigh Heads. Students will play golf on indoor golf simulators with different games and courses to choose from. (15 students maximum)	Balls & clubs supplied. Can bring your own clubs.	Free
FISHING Students will go to various locations around the Gold Coast waterways to fish. (20 students maximum)	Own fishing rod, reel & tackle. Bait supplied.	Free
HANDBALL Students will play handball on the handball courts outside the Doyle Centre. (50 students maximum)	Nil	Free
INDOOR ROCK CLIMBING 1 hour session of indoor rock climbing at Paramount Adventure Centre, Hutchinson St, West Burleigh. (30 students maximum)	Indemnity form to be completed.	\$123.50
SKATEBOARDING/BMX PARK Students will walk to the Janette Green Park, Cassia Dr, Varsity Lakes to skate and BMX. (40 students maximum)	Own skateboard/BMX/scooter, helmet, wrist guards, knee pads, elbow pads	Free
SUP 1 1 hour of Stand Up Paddleboarding in Currumbin Creek with Paramount Adventure Centre. (16 students maximum)	Own swimmers, towel, indemnity form to be completed. Rash shirts provided.	\$164.50
SUP 2 1 hour of Stand Up Paddleboarding in Currumbin Creek with Surfing Services Australia. (12 students maximum)	Own swimmers, towel, indemnity form to be completed. Rash shirts provided.	\$164.50
SURFING LESSONS 1 ¼ hour lesson at Currumbin Alley. Catering to all abilities from beginners to advanced with Surfing Services Australia. (100 students maximum)	Own swimmers, towel, indemnity form to be completed. Rash shirts provided. May bring own board.	\$133.75
TABLE TENNIS Students will play table tennis on the table tennis tables underneath the Doyle Centre. (20 students maximum)	Nil	Free
TEN PIN BOWLING 1 game of ten pin bowling at Zone Bowling Robina, Robina Town Centre Dr, Robina. (144 students maximum)	Nil – shoe hire included in price	\$82.50
WALKING Students will take a bus down to Burleigh Heads and walk along the footpath between Burleigh and North Burleigh. (50 students maximum)	Nil	Free
YOGA 1 hour yoga session run by Mollie Cox of Jalayoga. Held at the College. (30 students maximum)	Yoga mat, towel	Free

ALL STUDENTS NEED TO HAVE A SELECTION MADE BY THEIR PARENT/GUARDIAN

The only exceptions are those in Dance Extension, Girls AFL, Basketball, All Schools Touch Football and those on traineeships/work placements organised by the Careers office.

**Selections will open on Monday 5th June at 9am and close
9:30am Friday 16th June.**

Use this [link](#) or QR code to make your selection.

